

## Soaring Together: *Building a Stronger Community*

Dear Falcon Families and Community Members,

We're excited to share some of the incredible initiatives and programs that are helping our Rubidoux Falcons SOAR with PRIDE. As we continue to embrace the Community Schools pillars, we're seeing remarkable growth and connection throughout our school community.

#### LEARNING WITHOUT LIMITS

As Rubidoux enters our fourth year as a community school, we are looking to expand and strengthen our reach within the foundational pillars. If you would like to be part of this work, whether you are a family member, a community member, a student, or staff member, you are all welcome.

For more information, contact the Falcon Nest and ask for Delia Toscano.



A community school represents a strategic and collaborative model designed to enhance student success by integrating essential support systems. It operates on the principle that a school functions most effectively when it serves as a hub for both academic instruction and comprehensive community resources.

At its heart, a community school is characterized by four key components:

#### **Integrated Support Services:**

Beyond academics, providing on-site access to critical services such as physical and mental healthcare, nutritional programs, and social support. An integrated approach addresses the holistic needs of students, removing common barriers to learning.

#### Family and Community Engagement:

Acknowledging the vital role of families and the broader community, community schools actively foster partnerships. They often offer resources and opportunities for adult learning, family support, and community involvement, strengthening the bond between the school and community.



#### **Collaborative Leadership:**

Decision-making within a community school is a shared mission. All school staff, administrators, local government entities, and community organizations work together, aligning their efforts to create a supportive and effective learning environment.

#### **Expanded Learning Opportunities:**

Extending educational enrichment beyond the standard school day. This can include after-school programs, summer learning initiatives, and different ways to approach and reach diverse learning styles and interests.



In essence, a community school is more than just an educational institution; it is a coordinated system that leverages collective resources to ensure every student has the necessary academic, developmental, health, and social supports to thrive.

At Rubidoux High School, your Community School team has been hard at work to stay true to the mission of Community Schools. If you ever want to join the team, please reach out to any leads:

Kevin Corridan - Principal David Quintero - Assistant Principal Delia Toscano Nguyen - Community School Teacher Anna Avila - Outreach Worker

We are here to partner with you for all our students.



## We would like to share our progress so far!

#### Integrated Student Supports

#### Wellness Wednesdays

Rock Painting to coloring pages, what would you like to see next? Come and let us know!

Visit us with your friends every Wednesday to find out.

We do ask that you respect the space and listen to instructions. This includes cleaning up after yourselves and leaving the space like you found it.



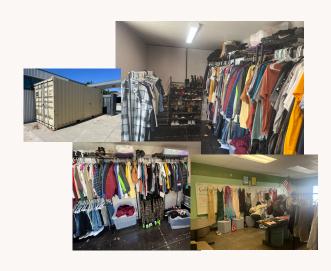
#### **Falcon Closet**

The Falcon Closet is Open!

Need anything from the closet? Come before school, advisory, or during lunch.

Emergency? Like you forgot your jacket? Ask your teacher for a pass and head on down to 602.





#### **Thrifting Thursday**

And we are back!

Visit us on the first Thursday of the month for our Thrifting Thursdays!

As always, make sure you bring your own tote or bag to carry your newly found treasures!

#### **Falcon Quad**

Our Falcon Quad is in full bloom! Do you like any of the veggies currently growing? Feel free to gently pick them and take them home. Our community garden is here to serve all!

Currently growing: squash, tomatoes, and chilis.

To make this a lasting success, it's going to take all of us working together and respecting our plants. Please help us care for our garden so everyone can enjoy its beauty and bounty! You're always welcome to enjoy the shade and flowers during our lunch events!



Planter built and designed by alumni, Andrew Chavez. Plants donated by Sussie and Dan Jaggers.

#### Expanded and Enriched Learning Time and Opportunities

#### **Support Groups for Students**

Our advisory support workshops are up and running!

These partnerships give students a safe space to discuss and learn coping mechanisms for feelings such as sadness, worry, and stress. They also build essential communication and leadership skills for our students to be able to navigate challenges and grow stronger. We want every student to know it's always okay to ask for help, and that there are many effective ways to handle life's ups and downs.



#### OPERATION SAFEHOUSE GROUPS AT RHS

Staff referrals and Student self referrals are welcome.



#### Stress and Your Mood (SYM)

Ages 16+

- Helps students cope with stress and anxiety
   Group focuses on helping decrease negative
- Group focuses on helping decrease negative thoughts, improve pro-social behaviors, and teachers how to regulate stress and mood

Coping and support Training (CAST)

Ages 16+

 Covers topics of self-esteem, feelings of anger, depression or anxiety, school pressure, and stress

LGBTQ+ Unity Space (LOTUS)

Ages 16+

- Group is for LGBTQ+ and allies
- Group focuses mental health, finding support, identity, and dating

RUBIDOUX HIGH SCHOOL FALCON WELLNESS CENTER

DELIA TOSCANO (DELIA\_NGUYEN@JUSD.K12.CA.US)
ANNA AVILA (ANNA\_AVILA@JUSD.K12.CA.US)

#### **Saturday School STEAM Workshops**

Saturday School STEAM Workshops will start soon! Students will get hands on experience with 3D printing and laser engraving, creating fantastic projects to take home – a perfect glimpse into potential entrepreneurial ventures!

We will also have guest workshops, stay tuned to learn more!



#### **Financial Literacy Workshops**

During Thursday mornings, we have a group of students learning how to budget, invest, manage credit scores, and more!

If you are interested, let us know to add you to next semester's group! (Workshops will be held after school.)









#### **Falcon Laundromat**

Our Falcon Laundromat is now open and ready to take reservations!

Our laundromat is structured to allow students and their organizations access to wash their items as needed. While at the same time, learn how to take care of their clothes and space.

Any student, club, or sport that wishes to use the laundromat can do so by booking a timeslot from our website:

https://sites.google.com/view/we-are-rubidoux/home



#### **ELO and ELOP**

A new structure for tutoring is here! It is called ELOP and will take place in the cafeteria before and after school on Monday, Tuesday, and Wednesday.

AM Session: 7:10-8:10 AM PM Session: 3:40-4:40 PM

Attending will not only help with your academics, but it will also clear two tardies! Feel free to drop in any time.

ELO (Extended Learning Opportunities) will focus on Math and English Language Arts (ELA). This class is structured to help boost your test scores with standard-based support. Classes are offered Monday, Tuesday, and Wednesday.

AM Session: 7:10-8:10 AM PM Session: 3:40-4:40 PM

Prior registration required. Boost your test scores and get an absence cleared with every 4 sessions. Interested? Contact the front office today!



## Active Family and Community Engagement

#### **Book Buddies**

Are you passionate about reading and inspiring young minds? We're always looking for comitted indivuals to join Book Buddies! If you're interested in joining this amazing program, you can sign up with Ms. Spencer in the library or Ms. Toscano in the Falcon Nest, Room 602. We'd love to have you!

#### **Math Buddies**

Mathletes and Book Buddies have joined forces! We are running a pilot program where Mathletes visit a 5/6 grade classroom and play math enriching games! Want to help the mission? Talk to Mrs. Martin in room 206.



We are always looking for staff and parent volunteers. Interested in joining our Buddies?

Contact the Falcon Nest for more information!

#### **Family Workshops**

Empowering Our Community Through Workshops!

We have some planned for the first quarter, but let us know what you would like to see next!

- Computer Basics: How to support your student's digital success.
- Tips for Social Media: Keeping our youth safe online.
- Drug Awareness: Having vital conversations and understanding the dangers of fentanyl.
- Citizenship: TODEC was on-site to answer legal questions.



#### Other meetings to add to your calendar!

Want to help shape our school's future? We encourage you to join our ELPAC (English Learner Advisory Committee, where parents of English Language Learners advise on relevant programs), School Site Council (school governance), and Parent Empowerment (meetings lead by our Counselors) meetings! These committees offer fantastic leadership opportunities and a safe space for you to provide input. We truly value your voice! Look out for meeting dates at the start of next year, and feel free to contact the front office or the Falcon Nest with any questions.

Let's have a Family Fun Night! We'd love to host either a Paint Night or a Beading Night, and we want to know what you'd prefer!

Let us know by clicking here!
or call or email us or send us a message through Instagram!
We can't wait to hear from you!

## Collaborative Leadership and Practices



#### Join School Site Council

Want to be a voice that has a say as to the direction RHS is headed? If so, join our School Site Council Meetings! Looking for family members, students, and staff to join the team.



#### **Falcon Festival**

Help us plan our Facon Festival!

December 6, 2025

@ 10 AM -2 PM

Baseball Field

Looking for community, staff, and student volunteers!

Interested? Contact Toscano in the Falcon Nest or by email: delia\_nguyen@jusd.k12.ca.us

#### Data Party!

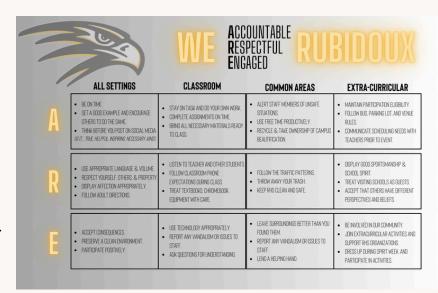


Help our staff review our community data! RSVP for our Data Party before October 20th!

## Collaborations! A blend of all pillars

As a community school, we feel it is important that we collaborate across grades to not only inspire, but to hone our skills. By helping one another we are lifting spirits and learning what our new Falcons need to SOAR with PRIDE.

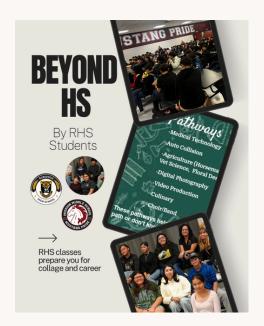
We ARE Rubidoux!



#### Cancer Support Walk with Rustic Lane



#### College and Career presentations from students to students



### Hispanic Heritage Month Presentations with Ina and Van Buren Elementary



### Supporting Rustic Lane Leopards learn about safety



Community Schools is an initiative that brings all interested parties – students, family members, staff, and community members – together to determine what the shared vision, goals, and values are for our school.

We start by asking questions, seeking input, and listening

to feedback to solve ongoing challenges.



## RUBIDOUX HIGH SCHOOL

Needs and Assets Survey results 2024-2025 School Year

#### What did we learn?



#### **Students**

- Have a trusted adult to talk to
- Stress makes school difficult
- Find it challenging to communicate their needs/emotions
- Feel tutoring and Saturday School may help them improve/mantain their grades



#### Who participated?

- 580 Students
- 25 Family Members
- 79 School Staff
- 9 Community Members



#### **School Staff**

- Are able to direct students in need of resources/support
- Look for ways to support students' mental health.
- Find that students need better study/working habits



#### **Families**

- Want to help and support students
- Are interested in workshops to increase family bonding
- Want to help students with academic stress
- Want behavior/mental health support



#### **Community Members**

- Understand and want to support RHS' needs
- Want to develop partnerships with RHS

INTERESTED MEMBER RESPONSES
AND SCHOOL DATA DETERMINE OUR
2024-2025 PRIORITY NEEDS.



## RUBIDOUX HIGH SCHOOL

Needs and Assets Survey results 2024–2025 School Year

#### **Community School Pillars:**

- Integrated Student Supports
- Expanded and Enriched Learning Time and Opportunities
- Active Family and Community Engagement
- Collaborative Leadership and Practices

#### How are we doing?

#### • Integrated Student Supports:

 Neighborhood Healthcare Dental, Riverside University Health System, Behavioral Health teams, Falcon Nest (Wellness Center), Incentives for positive attendance, restorative practices as other means of corrections, Falcon Closet, Thrifting monthly events

#### • Expanded and Enriched Learning Time and Opportunities:

 Tutoring, enrichment sessions after school, Wellness Wednesday Lunch Days, educational field trips, Book Buddies, Farmer's Market, Hour of Code, STEAM Workshops

#### • Active Family and Community Engagement:

o Family Workshops, Falcon Festival, Outreach Worker for RHS families

#### Collaborative Leadership and Practices:

 Site Community School Council Meetings, District Community Schools Meetings, Attendance Team Meetings, school shared leadership (School Site Council, surveys, English Learners Advisory Committee (ELAC), teacher leadership team/groups), volunteer opportunities

#### Falcon Nest

The Falcon Nest, located in Room 602, will serve as your starting point for:

- Initial triage and guidance
- Outreach Services
- Community School Support

From The Falcon Nest, you can access additional resources:

- Falcon Laundromat, Pantry, and Closet: Located in M-O
- District (PICO) Behavioral Health and Partnership Offices: Rooms 600 and 601 by appointment only

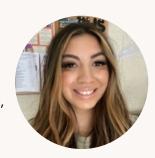


Falcon Nest: 602

#### Outreach Services Anna Avila

Assistance with:

- Connecting families with resources throughout the school, district, and community
- Linkage to basic needs, counseling, medical, insurance and community programs



Community School Delia Toscano Nguyen

- Connecting students, families, and the broader community
- Coordinating programs and events
- Focus on fostering student success, strengthening family engagement, and enhancing campus culture through collaborative initiatives and communitydriven solutions

Falcon Support Lizbeth Reynoso-Sanchez

- Initial triage and guidance
- Office Support





#### District (PICO) Behavioral Health and Partnership Offices: Rooms 600 and 601

#### **Behavioral Therapist:**

- 1-1 student therapy
- Set scheduled meetings

#### **Peer Specialist**

- Support for behavioral therapist caseload.
- Set scheduled meetings

#### Behavioral Health Intern

 Under supervision, guide student groups as needed

#### **Support Organizations**

 Support with small student groups or 1-1 for screening and presenting of student groups

(for more information refer to page 4)



#### Have any questions, comments, or suggestions?

Contact the Falcon Nest's main hub: 951-222-7700

Anna Avila | anna\_avila@jusd.k12.ca.us

Delia Toscano Nguyen | delia\_nguyen@jusd.k12.ca.us

Lizbeth Reynoso Sanchez | lizbeth\_sanchez@jusd.k12.ca.us

Hablamos Español

#### Resources Available at Rubidoux High School's

## Falcon Nest

@RHSFalconNest

951-222-7700

Delia Toscano - Community Schools Anna Avila - Outreach Worker Peer Specialist - Behavioral Health



We are your Falcon Support

#### **Falcon Closet**

Clothing, shoes, personal hygiene

#### Falcon Laundromat

Per appointment for students

Individual and Group therapy/counseling

#### **Outreach Services**

Connecting families with resources

#### Wellness Corner

Students and staff are welcome to visit when they need a moment to recalibrate

room 602

#### **School Supplies**

Basic items such as backpacks, pens, paper

#### **Recurring Events**

Wellness Wednesdays (every Wednesday in room 602)

Thrifting Thursdays (once a month room 602)

#### Student Support Groups

Anxiety - Stress - Communication skills - Financial Literacy - Study Habits - and more

#### District Behavioral Health Services

PICO Website

https://bit.ly/PICO\_JUSD

We are here to help.





## PEER LEADERSHIP Class is A-G approved



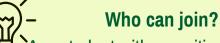


## Become a Falcon Leader! Build Community. Lead Events. Inspire others.



#### What is Peer Leadership?

A student-led elective designed to develop your leadership skills while making a real difference at RHS. You'll support fellow Falcons through mentorship, school events, and social-emotional wellness activities.



Any student with a positive attitude a passion for helping others - no leadership experience needed!

#### Why join?

Build your resume

Make new friends

Learn communication, collaboration,
and problem solving skills



Questions? Contact Toscano in room 602 or DM @RHSFalconNest







## Dates:

Sept 11 Oct 9 Nov 13 Feb 12 March 12 April 9 Please Check in at the Front Office

Meeting in Room 1004

## **Topics**

**High School Graduation** 

**CTE Pathways** 

**College Information** 

**Social Emotional Support** 

**Parent Assistant Programs** 

And many more topics...

## Note

Time: 9:00-10:00 am

Presentationwill be in

**English&Spanish** 

We are Rubidoux

# RUBIDOUX'S WINTER SPORTS



#### **BOYS BASKETBALL**

**CONTACT: COACH PABLO** 

EMAIL: PABLO\_GARCIA@JUSD.K12.CA.US

#### **GIRLS BASKETBALL**

CONTACT: COACH PORTILLO EMAIL: YAS05PORTILLO@GMAIL.COM

#### **BOYS SOCCER**

**CONTACT: COACH ARJON** 

EMAIL: FERNANDO\_ARJON@JUSD.K12.CA.US

#### **GIRLS SOCCER**

**CONTACT: COACH MUNOZ** 

EMAIL: LUIS.MUNOZ@ALBIONSCRIVERSIDE.ORG

#### WRESTLING

**CONTACT: COACH BROOKS** 

EMAIL: JEREMY.BROOKS@SBCUSD.K12.CA.US

#### **ADDITIONAL QUESTIONS?**

Athletic Director: Paul Janeway Email:paul\_janeway@jusd.k12.ca.us



# RUBIDOUX'S SPRING SPORTS FEBRUARY-MAN



#### **BOYS TENNIS**

**CONTACT: COACH JANEWAY** 

EMAIL: PAUL\_JANEWAY@JUSD.K12.CA.US

#### **COED GOLF**

**CONTACT: COACH GARDNER** 

**EMAIL: EMILYGARDNER827@GMAIL.COM** 

#### SOFTBALL

**CONTACT: COACH MACAULAY** 

EMAIL: TARA\_MACAULAY@JUSD.K12.CA.US

#### **SWIM**

**CONTACT: COACH BIER** 

**EMAIL: STEVEN BIER@JUSD.K12.CA.US** 

#### **BASEBALL**

**CONTACT: COACH CHARD** 

EMAIL: TODD\_CHARD@JUSD.K12.CA.US

#### TRACK AND FIELD

**CONTACT: COACH HAMPTON** 

EMAIL: LATASHA HAMPTON@JUSD.K12.CA.U

#### **ADDITIONAL QUESTIONS?**

Athletic Director: Paul Janeway Email: paul\_janeway@jusd.k12.ca.us

